

# Keeping connected



Presented by **the Better Practice Project**

## DATE & TIME

Friday 7<sup>th</sup> June 2019  
9.30m-12.30pm

## WHAT TO EXPECT

- Adult Learning
- Morning Tea

## VENUE

Northern Volunteering  
39 John Street Salisbury

The South Australian Collaborative Projects with Better Practice Project are committed to offering learning opportunities which enable us to gain a deeper understanding of the loneliness of older people in the community. Concepts & issues of loneliness, community belonging & building capacity will be investigated in this interactive space to provide opportunities for you to explore how you can work with people experiencing loneliness.

On completion of this workshop learners will be able to:

- Demonstrate an understanding of the importance of natural relationships and community connections
- Have a greater understanding of the complex dimensions of loneliness
- Apply knowledge about addressing loneliness with older people
- Describe the benefits of community participation to reduce the experience of loneliness

Strengthen Reablement strategies in working with older people to facilitate community connections  
This workshop was developed around the findings from **'Alone in a Crowd' research by Mandy Stanley, from the University of South Australia**. The research challenges stereotypical concepts associated with old age and points to the significant health risks facing older people who live with loneliness in old age.

RSVP to [reception@nvsa.org.au](mailto:reception@nvsa.org.au)

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